

# LOCK DOWN 3 TAKE OUT/DELIVERY

Opening Hours

Saturday 9.00-3.00 / 5.00-10.00 / Sunday 10.00-6.00

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## BRUNCH

<b>THE BIG BRECKY</b> / bacon, sausage & egg	6-
<b>THE VEGGIE BIG BRECKY</b> /vegan sausage, mushroom, spinach & egg(v)	6-
<b>BIG BREAKFAST BOX</b> /sausage, bacon, egg, mushroom, beans, toast	10-
<b>LOW CARB BREAKFAST BOX</b> / sausage, bacon, egg, mushroom, spinach	9-
<b>PANCAKE STACK</b> / bananas, berries & maple syrup (v)	8-
<b>JAM DOUGHNUT FRENCH TOAST</b> / mascarpone (v)	8-
+ Nutella	
+ Mascarpone	
+ Maple syrup	

## LUNCH (served from midday)

<b>8 HOUR HAM HOCK BRIOCHE</b> /crispy onions,pickles,mustard mayo,watercress	6-
<b>CRISPY NOT CHICKEN BRIOCHE</b> /seitan, crispy onions, mustard mayo, watercress (v)	6-
+ Skin on fries	3-
<b>HOME MADE SAUSAGE ROLL</b> / chutney	5-

## ESPRESSO / TEA / HOT CHOCOLATE

<b>Flat White / Cappuccino / Latte</b>	2.8
<b>Hot Choc</b> , cream, marshmallows	3-
<b>Dirty Chai</b>	3-
<b>Macha / beetroot / turmeric Latte</b>	2.8
<b>Tea</b> , herbal / Builders	2-
Add liquor shot / baileys, liquor 43, jamesons (delivery only)	3-

## JUICE / KOMBUCHA / SMOOTHIE

<b>FRESHLY SQUEEZED ORANGE JUICE</b>	3.5
<b>MANGO &amp; COCONUT SMOOTHIE</b> / avocado, lime, dates, chai, almond	5-
<b>CACAO &amp; ALMOND SMOOTHIE</b> / banana, hemp, maca, cinnamon, almond	5-
<b>DETOX</b> / Carrot, ginger & apple	3.5
<b>KOMBUCHA</b> / Strawberry black pepper or Ginger & Lemongrass	3.5

# SATURDAY NIGHT 5-10pm FREE DELIVERY OVER £50\* / CLICK & COLLECT

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## SMALL BOXES

<b>VEGAN CRISPY SEITAN WINGS</b> / Sriracha (vg)	6-
<b>BAO BUNS</b> / crispy chicken or vegan seitan / coriander, lime, chilli, sriracha	
<b>CAULIFLOWER CHEESE CROQUETTES</b> / harissa mayo, crispy salad	8-
<b>CALAMARI</b> / tartare	7-

## LARGE BOXES

<b>CHICKEN CHORIZO BURGER</b> sliced avocado, salad, skin on fries	13-
<b>ABURGER</b> freerange beef patty, cheese, pickles salad, skin on fries	13-
<b>BEYOND MEAT BURGER</b> , vegan cheese, pickled red onions, gherkins, skin on fries	13-
<b>GREAT GARNETS FARM WHISKY MARINATED BBQ RIBS</b> , watercress, skin on fries	15-
<b>BRAISED VENISON &amp; CHORIZO STEW</b> , radio wave American pale ale, root vegetables, served with - creamy mashed potato - serves 2 people	26-

## PIZZA

<b>CHOP IT LIKE IT'S HOT</b> /BBQ pulled beef, gochujang sauce, spring onions, chilli, red onion, kimchi mayonnaise	14-
<b>ALLOTMENT</b> / Sage pesto, mozzarella, squash, kale, chilli	14-
<b>AUNTY MARG</b> / <b>mozzarella, tomato, fresh basil (v) (vg+)</b>	8-
<b>THE PIGS</b> / 8 hour ham hock, stilton, watercress mushroom, mozzarella	14-

GLUTEN FREE BASES + VEGAN CHEESE AVAILABLE

## EXTRAS

<b>HERB GARLIC OLIVES(v)</b>	3-
<b>STONE BAKED GARLIC BREAD WITH CHEESE(v)</b>	4-
<b>STONE BAKED GARLIC BREAD (v)</b>	3-

## DESSERT BOXS

CHOCOLATE BREAD & BUTTER PUDDING & CUSTARD (v)	5-
JAM & COCONUT SPONGE & CUSTARD (v)	5-

\* Delivery Free within a 2 mile radius of acanteen. £5 delivery charge for orders under £50-

## **A SUNDAY ROAST 12-5 FREE DELIVERY OVER £50\***

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Cooked to order and served with roast potatoes, seasonal vegetables, yorkshire pudding, gravy & cauliflower cheese

<b>BEEF</b>	14-
<b>CHICKEN &amp; STUFFING</b>	14-
<b>NUT ROAST</b>	14-
<b>KIDS ROAST</b>	8-

### **EXTRAS**

<b>Seasonal vegetables</b>	3-
<b>Roasties</b>	3-
<b>Yorkshire pudding (v)</b>	2-
<b>Cauliflower cheese (v)</b>	3-

### **DESSERTS**

<b>CHOCOLATE BREAD &amp; BUTTER PUDDING &amp; CUSTARD (v)</b>	5-
<b>JAM &amp; COCONUT SPONGE &amp; CUSTARD (v)</b>	5-

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