

# LOCK DOWN 3 TAKE OUT/DELIVERY

**BRUNCH** SATURDAY 9.30-3.00 / SUNDAY 10.00 - 2.00

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## LARGE BOXES

BIG BREAKFAST BRIOCHE / bacon, sausage & egg	6-
THE VEGGIE BIG BRECKY/vegan sausage, mushroom,spinach & egg(v)(vg+).	6-
BACON OR SAUSAGE BRIOCHE	5-
BIG BREAKFAST BOX /sausage, bacon, egg, mushroom, beans, toast	10-
LOW CARB BREAKFAST BOX / sausage, bacon, egg, mushroom, spinach	9-
PANCAKE STACK / bananas, berries & maple syrup (v)	8-
JAM DOUGHNUT FRENCH TOAST / mascarpone (v)	8-
+ Nutella	
+ Mascarpone	
+ Maple syrup	

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## CAKES & PASTRIES FROM COUNTER

from 2.5

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## FRESH SOURDOUGH

3.95

## GREAT GARNET BACON & SAUSAGES TO COOK AT HOME

from 4.5

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## **LUNCH** (served from midday) SUNDAY 12.00-2.00

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**8 HOUR HAM HOCK BRIOCHE** /crispy onions,pickles,mustard mayo,watercress 6-

**CRISPY NOT CHICKEN BRIOCHE** /seitan,crispy onions, dijon mayo,

watercress (v)(vg)

6-

+Skin on fries 3-

**NEW! SALAD COUNTER / 3 SALAD BOWL £6.50**

**/ GRILLED AUBERGINE, TURMERIC YOGURT, BASIL, POMEGRANATE, PARSLEY (V)**

**/ WATERMELON, FETA, MINT, OLIVE, CHILLI (VG)**

**/ BULGAR SALAD, ONION, TOMATO, FLAT LEAF PARSLEY, LEMON (VG)**

**/ ASLAW, KHOLRABI, FENNEL, WHITE & RED CABBAGE, APPLE, LIME DRESSING (VG)**

**+ LEMON HONEY CHICKEN BREAST 3-**

**+ GRILLED HALLOUMI (V) 3-**

**+ SOURDOUGH SLICE (VG) 1-**

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### **HOT COUNTER**

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**HOME MADE HOT SAUSAGE ROLL 3.5**

**VEGETARIAN SAMOSA (V) 3-**

**LAMB SAMOSA 3-**

**SPINACH & FETA ROLL (V) 3.5**

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## **ESPRESSO / TEA / HOT CHOCOLATE**

<b>Flat White / Cappuccino / Latte</b>	2.8
<b>Hot Choc</b> , cream, marshmallows	3-
<b>Dirty Chai</b>	3-
<b>Macha / beetroot / turmeric Latte</b>	2.8
<b>Tea</b> , herbal / Builders	2-
Add liquor shot / baileys, liquor 43, jamesons (delivery only)	3-

## **JUICE / KOMBUCHA / SMOOTHIE**

<b>FRESHLY SQUEEZED ORANGE JUICE</b>	3.5
<b>MANGO &amp; COCONUT SMOOTHIE</b> / avocado, lime, dates, chai, almond	5-
<b>CACAO &amp; ALMOND SMOOTHIE</b> / banana, hemp, maca, cinnamon, almond	5-
<b>DETOX</b> / Carrot, ginger & apple	3.5
<b>KOMBUCHA</b> / Strawberry black pepper or Ginger & Lemongrass	3.5

### **STONE BAKED PIZZA COUPLE LOCK DOWN DEAL**

**£40-**

**2 X PIZZA**

**2 X SIDES**

**2 X COCKTAILS**

### **STONE BAKED PIZZA FAMILY LOCK DOWN DEAL**

**£40-**

**2 X PIZZA**

**2 X KIDS PIZZA**

**4 X SIDES**

### **STONE BAKED PIZZA LOCK DOWN DEAL FOR 4**

**£55-FREE DELIVERY**

**4 X PIZZA**

**4 X SIDES**

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# SATURDAY NIGHT 5-10pm FREE DELIVERY OVER £50\* / CLICK & COLLECT

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## SMALL BOXES

<b>VEGAN CRISPY SEITAN WINGS</b> / Sriracha (vg)	7-
<b>BAO BUNS</b> / crispy chicken or vegan seitan / coriander, lime, chilli, sriracha	
<b>CAULIFLOWER CHEESE CROQUETTES</b> / harissa mayo, crispy salad	8-
<b>CALAMARI</b> / tartare	7-
<b>HALLOUMI FRIES</b> (v)	7-

## LARGE BOXES

<b>CHICKEN CHORIZO BURGER</b> sliced avocado, salad, skin on fries	13-
<b>ABURGER</b> freerange beef patty, cheese, pickles salad, skin on fries	13-
<b>BEYOND MEAT BURGER</b> , vegan cheese, pickled red onions, gherkins, skin on fries (vg)	13-
<b>GREAT GARNETS FARM WHISKY MARINATED BBQ RIBS</b> , watercress, skin on fries	15-
<b>BRAISED VENISON &amp; CHORIZO STEW</b> , radio wave American pale ale, root vegetables, served with - creamy mashed potato - serves 2 people	26-

## PIZZA

<b>CHOP IT LIKE IT'S HOT</b> /BBQ pulled beef, gochujang sauce, spring onions, chilli, red onion, kimchi mayonnaise	14-
<b>ALLOTMENT</b> / Sage pesto, mozzarella, squash, kale, chilli	14-
<b>AMALFI LOVE</b> / parma ham, mozzarella, pesto, mascapone	14-
<b>AUNTY MARG</b> / <b>mozzarella, tomato, fresh basil (v) (vg+)</b>	8-
<b>THE PIGS</b> / 8 hour ham hock, stilton, watercress mushroom, mozzarella	14-
GLUTEN FREE BASES + VEGAN CHEESE AVAILABLE	

## SIDES

<b>HERB GARLIC OLIVES(VG)</b>	3.5
<b>SKIN ON FRIES (VG)</b>	3.5
<b>HOUSE SALAD (VG)</b>	4-
<b>STONE BAKED GARLIC BREAD WITH CHEESE(v)</b>	4-
<b>STONE BAKED GARLIC BREAD (VG)</b>	3.5

## DESSERT BOXS

<b>CHOCOLATE BREAD &amp; BUTTER PUDDING &amp; CUSTARD</b> (v)	6-
<b>JAM &amp; COCONUT SPONGE &amp; CUSTARD</b> (v)	6-

# **A SUNDAY ROAST 12-5 FREE DELIVERY OVER £50\***

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Cooked to order and served with roast potatoes, seasonal vegetables, yorkshire pudding and gravy

## **MAINS**

<b>GREAT GARNETS PORK &amp; CRACKLING</b>	14-
<b>BEEF</b>	14-
<b>CHICKEN &amp; STUFFING</b>	14-
<b>NUT ROAST</b>	14-
<b>KIDS ROAST</b>	8-

## **EXTRAS**

<b>SEASONAL VEGETABLES</b>	3-
<b>ROASTIES</b>	3-
<b>YORKSHIRE PUDS (v)</b>	2-
<b>CAULIFLOWER CHEESE (v)</b>	3-

## **DESSERTS**

<b>CHOCOLATE BREAD &amp; BUTTER PUDDING &amp; CUSTARD (v)</b>	6-
<b>JAM &amp; COCONUT SPONGE &amp; CUSTARD (v)</b>	6-
<b>WHITE CHOCOLATE or MILK CHOCOLATE CHEESECAKE (v)</b>	4.5
<b>KIDS DESSERTS (v)</b>	3-

\* Delivery Free within a 3 mile radius of acanteen. £5 delivery charge for orders under £50-

### **FAMILY SUNDAY ROAST LOCK DOWN DEAL**

**£70 - FREE DELIVERY**

**2 x ROASTS**

**2 X KIDS ROASTS**

**4 X DESSERTS**

**BOTTLE OF MALBEC**

**2 X SODA**

## **ABAR**

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### **NEW!!! COCKTAILS**

Blackberry & Basil Mojito	7-
Long Island Iced Tea	7-
Long Disaronno Sour	7-

### **RED WINE**

Solo rosso - primitivo	14-
Malbec Tinto Negro	16-

### **WHITE WINE**

Pino Grigio	14-
Chenin Blanc	14-
New Zealand Marlborough Sauvignon Blanc	16-

### **BUBBLES**

Chilled prosecco	16-
Single Serve Prosecco	7-

### **BEER**

Radio Wave APA (chelmsford)	4.5
Peroni	4-

### **SOFT DRINKS**

Kombucha	4.5
San Pellegrino Orange	2-
San Pellegrino Lemon	2-
Dalstons Rhubarb	2-
Coke glass bottle	2.5
Coke Zero glass bottle	2.5